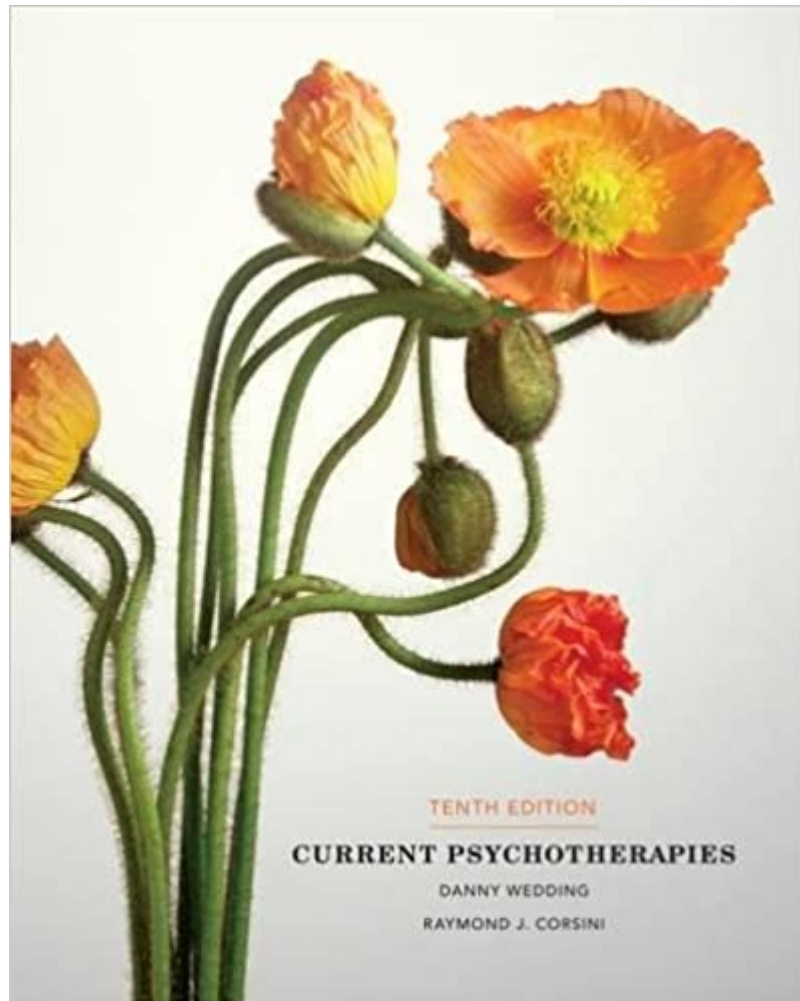




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# Current Psychotherapies



## Synopsis

Used in top counseling, psychology, and social work programs and now in its tenth edition, **CURRENT PSYCHOTHERAPIES** helps readers learn, compare, and apply the major systems of psychotherapy in a way that will be meaningful in their own practices. Each contributor is either an originator or a leading proponent of one of the systems, and presents the basic principles of the system in a clear and straightforward manner, discussing it in the context of the other systems. Theory chapters include a case example that guides readers through the problem, evaluation, treatment, and follow-up process. **CASE STUDIES IN PSYCHOTHERAPY**, which accompanies the book, offers corresponding cases that demonstrate the basic techniques and methods of the theory being illustrated. Available with InfoTrac Student Collections <http://goengage.com/infotrac>.

## Book Information

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1. Introduction to 21st Century Psychotherapies/ Frank Dumont. 2. Psychoanalytic Psychotherapies/ Jeremy D. Safran. 3. Adlerian Psychotherapy / Michael P. Maniacci, Laurie Sackett-Maniacci, and Harold H. Mosak. 4. Client-Centered Therapy / Nathaniel J. Raskin, Carl R. Rogers, and Marjorie C. Witty. 5. Rational Emotive Behavior Therapy / Albert Ellis. 6. Behavior Therapy / Martin M. Antony. 7. Cognitive Therapy / Aaron T. Beck and Marjorie E. Weishaar. 8. Existential Psychotherapy / Irvin D. Yalom. 9. Gestalt Therapy / Gary Yontef and Lynne Jacobs. 10. Interpersonal Psychotherapy / Helen Verdeli. 11. Family Therapy / Irene Goldenberg, Herbert Goldenberg, and Erica Goldenberg Pelavin. 12. Contemplative Psychotherapies / Roger Walsh. 13. Positive Psychotherapy / Tayyab Rashid and Martin Seligman. 14. Integrative Psychotherapies / John C. Norcross and Larry E.

Beutler. 15. Multicultural Theories of Psychotherapy / Lillian Comas-Diaz. 16. Contemporary Challenges and Controversies / Kenneth S. Pope and Danny Wedding. Glossary. Name Index. Subject Index. --This text refers to the Loose Leaf edition.

Danny Wedding trained as a clinical psychologist at the University of Hawaii and the University of Mississippi Medical Center. He later worked for the U.S. Congress, first in the Senate and later in the House of Representatives. Dr. Wedding directed the Missouri Institute of Mental Health (MIMH), a University of Missouri university research and policy center, for 19 years, and taught in both Thailand and South Korea as a Fulbright Senior Scholar. He served as CSPP Associate Dean for International Programs at Alliant International University in San Francisco, and was responsible for graduate Psychology programs in Tokyo, Hong Kong and Mexico City. He also spent three years teaching for the American University of Antigua, a Caribbean medical school. Dr. Wedding has written or edited 13 books, including CURRENT PSYCHOTHERAPIES, CASE STUDIES IN PSYCHOTHERAPY, BEHAVIOR AND MEDICINE, THE NEUROPSYCHOLOGY HANDBOOK, SCREENING FOR BRAIN IMPAIRMENT, HANDBOOK OF INTERNATIONAL PSYCHOLOGY, MOVIES AND MENTAL ILLNESS and POSITIVE PSYCHOLOGY AT THE MOVIES. He edited PsycCRITIQUES, APA's journal of book and film reviews, for 12 years, and he is the senior editor for the Society of Clinical Psychology's book series on ADVANCES IN EVIDENCE BASED PRACTICE. Raymond Corsini received a B.A. and M.A. at the City College of New York. He did his doctoral training at Syracuse University, Cornell University, University of California and University of Wisconsin, and obtained a Ph.D. at age 41 from the University of Chicago under Carl Rogers. His main teacher was Rudolf Dreikurs, an Adlerian. He had three separate careers: as a prison psychologist, then as an industrial psychologist and finally in private practice of psychotherapy and counseling. He taught courses at over a dozen universities and full time at the University of Chicago, Illinois Institute of Technology and the University of California at Berkeley. He published over 60 books under 43 titles, including four encyclopedias and the most complete dictionary of Psychology. He wrote or edited 18 books dealing with counseling and psychotherapy.

I'm a doctoral student in Counseling and felt that there are positives and negatives to this text. Pro: It's pretty simple to read and the author doesn't use complicated language. Each chapter compares that theory to other theories, particularly psychoanalysis. However, this might be somewhat more challenging for a Masters level counseling student who is just learning basic counseling skills....which is when most students are taking theory. Nevertheless, when it comes time to sit for

comps or licensing exams it will come in handy. I LOVED the comparisons. Cons: My biggest gripe with this book is the layout and flow of the chapter. I didn't really like the way the chapter content was arranged. I ended up reading sections in different order so it flowed better for me. It's been 5 years since I had theories, but felt it was a good compliment to someone already familiar with these theories. This was 1 of 6 texts required for the course. If you are a Masters student, theory texts by Corey or Murdock are friendlier for novice counselors. They explain the theories more simply in my opinion.

While I did have to buy (or rent or borrow) this book, I didn't have to love it. But I think it's a really great book. It's easy to read and clearly outlines how theories are alike and different. There's one chapter for each approach - Humanist, Adlerian, Psychoanalytic, Cognitive, Behavioral, Transformative, Positive, and more. Each is arranged in the same format, so you can compare them easily. And each is written by an expert in that field, so they are comprehensive. If you want to learn about the theories of psychology, I highly recommend this book (and I own several others...).

I had to purchase this book for my Comparative Psychotherapies course and while it is dry and stuffy, it is a wealth of information. I purchased this book for Kindle and I haven't had any issues with it that I've seen in other reviews. It looks like the textbook and it follows the same way. When I have to use this version on some of my written assignments, it make it easier to cite my work. Not everyone has this book on Kindle but they know right where to turn instead of getting lost trying to find the Kindle location in a real book. It's well written and easy to follow. I like the fact that I can go right to the resources at the end of each chapter and read further on the modality from the articles. You don't always find that in a Kindle textbook. The reason why it didn't get five stars is that when I go to Cengage's website for the extras, I have to pay for that separately. For what I paid for this textbook, that should have been included with the purchase price of either a new book or a Kindle book. Oh well. Can't have everything my way.

This book has a lot of information in it, but it's hard to get a clear sense of what each therapy is because the writing is so convoluted, and a majority of the time, the exact same words are used to describe other therapies, with descriptors like "well, this tends to be a little more this but they both really do this as well", which might be the case, but makes it harder to tell therapies apart. It feels like I'm reading the ramblings of someone who doesn't want to commit to what they're saying in case there's one therapist out there who disagrees. You'll also find phrases that sound like

something a student would throw into a paper to pretend like they know what they're saying, such as "living in dialogue with others", which could mean a variety of things based on how pretentious you're feeling after waking up in the morning.

Complicated, inconsistent, overblown. Chapters for this and the companion Case Studies book don't line up which I found exceptionally annoying. If your teacher says you have to buy it, sorry... But if you are one of those folks who just likes to read textbooks get something else.

Unlike other reviews, I am reviewing the actual book and not the seller's shipment (or lack thereof). This book was assigned for my Music in Therapy class. It is a great overview of various psychotherapies. It goes into great detail and it serves as a general overview and you can't expect it to tell you everything about each psychotherapy. There are numerous books written about each individual psychotherapy, so how can one expect the authors to write in all of that information. The format is very helpful and I enjoy reading the text (as much as one can enjoy reading a textbook). The case studies at the end are really helpful in applying what was just learned. The book IS a tough read, but this is a textbook on an extensive subject. It might require that you read the section a few times but each author is able to convey the facts into the words. Overall, great subsections and very extensive and helpful info.

The book uses current therapists to describe the different theories. You would think that would be a good idea.... but it is not. The current therapists describe how the theory is used today. The original theory is lost. I would prefer to learn how each theory was meant to be, and then our current adaptations.

This book is perfect! I enjoyed using it for my graduate course personality theories and a counseling. This book has numerous case studies and understandable fact about the pioneers for each method and it help students greatly but helping us gain insight on how therapist from different methods apply those methods. I may one day buy this book honestly :]

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